

STARTERS

Bowl of Mixed Olives with crusty bread and balsamic dipping oil **£7.50**
(VG, GFO)

Hickory Smoked Pulled Pork Tacos, with a fresh homemade pico de gallo **£8.50**

Pork, Chicken Liver, and Brandy Pâté, served with farmhouse toast, and a mulled apple chutney **£9.00 (GFO)**

Soup of the Day, served with crusty bread **£9.00 (GFO,V)**

Field Mushroom, baked with a balsamic red onion marmalade & Perl Las, topped with a basil, walnut, and rocket salad **£8.25 (N,V)**

Prawns PiIPil – King prawns in a hot chilli and garlic oil with crusty barra for dipping **£8.75**

BBQ Pulled Jackfruit Bao Buns, served with pickled sesame red cabbage, and a soy, honey and lime dip **£8.50 (VG)**

FOR THE LITTLE ONES

Chicken Nuggets served with homemade chips and peas or beans **£5.50**

Fish Fingers served with homemade chips and peas or beans **£5.50**

Tomato Penne Pasta served with a sprinkle of cheese **£5.50 (V, VGO)**

Deep Fried Halloumi Sticks served with homemade chips and peas or beans **£6.00 (V)**

Cheesy Chips and Beans **£5.00 (GF, V, VGO)**

Pork Sausage served with homemade chips and peas or beans **£5.50**

4oz Sirloin Steak served with homemade chips, egg and peas **£13.00 (GF)**

4oz Celtic Pride Cheeseburger in a toasted sourdough bun, served with homemade chips and a choice of beans or homemade slaw **£8.00**



EVENING MENU

FROM THE GRILL

Maple Cured Bacon Steak, served with two fried free-range eggs, peas, and homemade chips **£17.00 (GF)**

60 Day Dry Aged 10oz Pork Cutlet, served with mashed potato, buttered cabbage, and a smoked onion velouté **£21.00**

Moody Cow Beef Burger, 6oz Celtic Pride beef burger, Monterey Jack cheese, gherkins, crisp lettuce, and tomato, with a homemade burger sauce, in a toasted brioche bun, served with homemade chips and slaw **£15.50**

Moody Cow Lamb Burger, 6oz Moroccan spiced lamb burger with rocket, red onion, and tomato and harissa mayonnaise in a toasted brioche bun served with homemade chips and slaw **£15.00**

Moody Cow Chicken Burger, southern fried chicken fillet, gherkins, fried halloumi, fire roasted red peppers, crisp lettuce, and tomato, with an oregano & paprika mayonnaise in a toasted brioche bun, served with homemade chips and slaw **£15.00**

Burger add-ons:

Fried halloumi £1.75 | Smoked bacon £1.75 | Extra patty £3.50 | Gherkins 75p

Pulled pork £2.75 | Fried onions £2.50 | Crown your burger with onion rings £1.75

Celtic Pride 35 day Dry Aged 10oz Sirloin Steak £34.00

The sirloin steak is cut from in front of the rump, it is generally regarded as one of the most tender steaks with good marbling

Celtic Pride 14oz Porterhouse Steak £30.00

Similar to a T-bone, the porterhouse is served on the bone with top and short loin, it is differentiated by a larger portion of the top loin (fillet) than a T-Bone, creating the perfect flavour combination

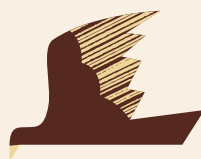
Both steaks are served with roasted tomato, baked field mushroom, beer battered onion rings and a side of homemade chips. (GFO)

Add Reef to your Beef - Chargrilled King Prawn Skewer - £4.00

Sauces:

Peppercorn £3.75 (GF) | Black & Blue Mushroom £3.75 (GF) | Garlic Butter £2.75 (GF)

Cowboy Butter £3.00



MAINS

Homemade Celtic Pride Beef Lasagne, beef mince in a rich tomato ragu, with peppers and onion, baked with a cheesy top, garnished with rocket and parmesan, with a choice of homemade chips or garlic bread **£16.50**

Moody Cow Malaysian Curry, Celtic Pride beef in a spicy Malaysian sauce with spinach, served over fragrant rice, homemade chips or 1/2 + 1/2 with a garlic and coriander naan, topped with fresh chillies and coriander **£16.50 Add mango chutney for £1.00**

Welsh Lamb Chilli, served over a choice of fragrant rice, or tortilla chips with sour cream, and garlic bread **£15.50 (GFO)**

BBQ Maple Glazed Rolled Belly Pork, sliced and grilled, with a cajun spiced sweet potato mash, spicy sweetcorn fritter and garlic spinach, garnished with spring onions **£20.00 (GF)**

Cider Braised Chicken Thighs, served with mashed potato, roasted tenderstem broccoli, and a cider jus **£17.00 (GF)**

Baked Salmon Fillet, served with a creamy white wine and leek sauce, garden peas, and a choice of garlic and rosemary roasted baby potatoes or chips **£20.00 (GF)**

Deep Fried Breaded Scampi, served with homemade tartare sauce, garden peas, homemade chips, and lemon wedge **£14.75**

Welsh Beer Battered Pollock served with homemade chips, garden peas, homemade tartare sauce and lemon wedge **£15.50**

Creamy Red Pesto Gnocchi with spinach and balsamic roasted cherry tomatoes, topped with rocket and parmesan **£14.75 (V)**

Butternut Squash, Sundried Tomato and Pearl Barley Risotto, garnished with crispy sage and pine nuts **£14.75 (N, VG)**
Add king prawns £4.00

Smoky Roasted Red Pepper, Sweet Potato and Five Bean Chilli, served over a choice of fragrant rice, or tortilla chips with sour cream, and garlic bread . **£14.50 (VGO, V, GFO)**

SIDES

Beer battered onion rings £3.75 (V)

Bowl of rocket, red onion and cherry tomato salad £4.00 (VG, GF)

Garlic bread £2.75 (V)

Bowl of homemade chips £3.00 (VG, GF)

Cheesy garlic bread £3.50 (V)

Coleslaw £2.25 (V,GF)

BBQ Smoked pork dirty fries £5.00 (GF)

Garden peas £1.50 (VG)

Garlic spinach £2.50 (V, VGO, GF)

Grilled tenderstem broccoli £4.50 (V)

EXTRAS

Fresh parmesan 75p

Homemade tartare sauce £1.00

Mango chutney £1.00

Sour cream £1.00

1/2 Crusty baguette & butter £1.50

Guacamole £1.00

If you have a food allergy, please speak to our team who will be happy to advise.
A full allergen menu is available, please ask.

(GF) – Uses non-gluten containing ingredients although traces may be possible,
(GFO) - Gluten free option available, (V) – Vegetarian,
(VG) – Vegan, (VGO) Vegan option available, (N) - Contains Nuts

*Subject to change

I DDECHRAU

Powlen o Olifau Cymysg gyda bara crystiog ac olew dipio balsamig **£7.50** (F, OHG)

Tacos Porc Mwg Hickory, gyda pico de gallo cartref ffres **£8.50**

Pâté Porc, Afu Cyw Iâr, a Brandi, wedi'u gweini gyda thost ffermdy, a siytni afal wedi'i gynhesu **£9.00 (OHG)**

Cawl y Dydd, wedi'i weini gyda bara crystiog **£9.00 (OHG, LI)**

Madarch Maes, wedi'u pobi â marmaled winwnsyn coch balsamig a Perl Las, gyda basil, cnau Ffrengig, a salad roced ar ei ben **£8.25 (C, LI)**

Corgimychiaid PilPil - Corgimychiaid brenin mewn tsili poeth ac olew garlleg gyda bara crystiog ar gyfer dipio **£8.75**

Byns Bao Jacffrwythau BBQ wedi'u rhwygo gyda bresych coch sesame wedi'u piclo, a dip leim, mêl a soi **£8.50 (F)**

I BLANT

Nygets Cyw Iâr gyda sglodion cartref a phys neu ffa pob **£5.50**

Bysedd Pysgod gyda sglodion cartref a phys neu ffa pob **£5.50**

Pasta Penne Tomato gyda chaws ar ei ben **£5.50 (LI, OF)**

Ffyn Halloumi wedi'u Ffrio gyda sglodion cartref a phys neu ffa pob **£6.00 (LI)**

Sglodion, Caws a Ffa Pob **£5.00 (HG, LI, OF)**

Selsig Porc gyda sglodion cartref a phys neu ffa pob **£5.50**

Stecen Sylrlwyn 4oz gyda sglodion cartref, wŷ a phys **£13.00 (HG)**

Byrgyr Caws Celtic Pride 4oz mewn bynnen brioche wedi'i thostio, â sglodion cartref a dewis o ffa pob neu goleslaw cartref **£8.00**

Os oes gennych alergedd bwyd, siaradwch â'n tîm a fydd yn hapus i'ch cyngori. Mae bwydlen alergenau lawn ar gael, gofynnwch amdani.

(HG) – Yn defnyddio cynhwysion nad ydynt yn cynnwys glwten er y gall olion fod yn bosibl, (OHG) Opsiwn heb glwten ar gael, (LI) – Llysieuol (F) – Figan (C) - Yn cynnwys Cnau (OF) Opsiwn Figan ar gael *Yn amodol ar newidiadau



BWYDLEN SWPER

O'R GRIL



Stecen Facwn â Sglein Masarn, gyda dau wŷ ffres wedi'i ffrio, pys a sglodion cartref **£17.00 (HG)**

Cytled Porc 10oz wedi'i Aeddfedu'n Sych am 60 Diwrnod, wedi'i weini gyda thatws stwnsh, bresych menyn, a velouté winwns mwg **£21.00**

Byrgyr Cig Eidion Moody Cow, byrgyr cig eidion Celtic Pride 6oz, caws aeddfed, gercynau, letys, tomato a saws byrgyr cartref, mewn bynnen brioche wedi'i thostio a'i gweini â sglodion cartref a choleslaw **£15.50**

Byrgyr Cig Oen Moody Cow, byrgyr cig oen 6oz gyda sbeis Morocaidd a berwr, winwns coch a mayonnaise tomato a harissa mewn bynnen brioche wedi'i thostio gyda sglodion cartref a choleslaw **£15.00**

Byrgyr Cyw Iâr Moody Cow, cyw iâr mewn briwsion wedi'i ffrio, gercynau, halloumi wedi'i ffrio, puprynnau coch wedi'u rhostio â than, letys, a thomato, gyda mayonnaise oregano a phaprika mewn bynnen brioche wedi'i thostio a'i gweini â sglodion cartref a choleslaw **£15.00**

Ychwanegiadau byrgyr:
Halloumi wedi'i ffrio £1.75 | Bacwn wedi'i fygu £1.75 | Byrgyr ychwanegol £3.50 | Gercynau 75p | Porc wedi'i rwygo £2.75 | Winwns wedi'u ffrio £2.50 | Coronwch eich byrgyr gyda chylchoedd winwns am £1.75

Stecen Sylrlwyn Celtic Pride 10oz wedi'i haeddfedu am 35 diwrnod **£34.00**
Mae'r stecen sylrlwyn yn cael ei thorri o flaen y rymp, fe'i hystyrir yn gyffredinol fel un o'r stêcs mwyaf tyner gyda brithder da

Stecen Golwythdy Celtic Pride 14oz £30.00
Yn debyg i stecen-T, mae'r stecen Golwythdy yn cael ei gweini ar yr asgwrn gyda rhan o'r golwyth uchaf a byr, mae'n cael ei wahaniaethu gan gyfran fwy o'r golwyth uchaf (ffiled) na Stecen-T, gan greu'r cyfuniad blas perffaith

Mae'r ddwy stecen uchod yn cael eu gweini â thomato wedi'i rostio, madarchen y maes wedi'i phobi, cylchoedd winwns mewn cyteu cwrw a sglodion cartref ar yr ochr. (HGO)

Ychwanegwch Sgiwer Corgimwch Mawr wedi'i goginio ar y gril am £4.00

Saws:
Grawn Pupur £3.75 (HG) | Madarch Du a Chaws Glas £3.75 (HG) | Menyn Garlleg £2.75 (HG) Menyn Cowboy £3.00

PRIF GWRS

Lasagne Cig Eidion Cartref Celtic Pride, cig eidion wedi'i goginio mewn ragŵ tomato bras, gyda phuprynnau a winwns, wedi'i bobi â chaws ar ei ben a'i addurno â berwr a pharmesan, gyda dewis o sglodion cartref neu fara garlleg **£16.50**

Cyri Malaysaidd Moody Cow, cig eidion Celtic Pride mewn saws Malaysia sbeislyd gyda sbigoglys, wedi'i weini dros reis persawrus, sglodion cartref neu 1/2 + 1/2 gyda garlleg a naan coriander, a tsilis ffres a choriander ar ei ben **£16.50 Ychwanegwch siytni mango am £1.00**

Tsili Cig Oen Cymreig, gyda reis neu greision tortilla, hufen sur, a bara garlleg **£15.50 (OHG)**

Porc Bol BBQ gyda Sglein Masarn wedi'i dorri a'i grilio, gyda thatws melys stwnsh â sbeis cajun, ffriterau india-corn ac ysbigoglys garlleg, wedi'i weini â shibwns ar ei ben **£20.00 (HG)**

Gluniau Cyw Iâr mewn Seidr, gyda tatws stwnsh, brocoli tenderstem wedi'i grilio a saws seidr **£17.00 (HG)**

Ffiled o Eog wedi'i Phobi, wedi'i gweini â saws cennin a gwin gwyn hufennog, pys yr ardd a dewis o tatws bach wedi'u rhostio â Garlleg a Rhosmari neu sglodion cartref **£20.00 (HG)**

Sgampi mewn briwsion bara wedi'i Ffrio, gyda saws tartar cartref, pys yr ardd, sglodion cartref, a lemnw **£14.75**

Morlais mewn Cytew Cwrw Cymreig wedi'i weini gyda sglodion cartref, pys yr ardd, saws tartar cartref, a lletem o lemnw **£15.50**

Pesto Gnocchi Coch hufennog gyda sbigoglys a thomatos ceirios rhost balsamig, gyda roced a pharmesan ar eu pen **£14.75 (C, LI)**

Risotto Pwmpen Cnau Menyn a Haidd Gwyn gyda saets crensiog, tomatos wedi'i sychu a chnau pin **£14.75 (C, F)**
Ychwanegwch gorgimwch mawr am £4.00

Pupryn Coch Mwg wedi'i rostio, Tatws Melys a Tsili Pum Ffeuen, wedi'i weini dros reis persawrus, neu creision tortilla gyda hufen sur, a bara garlleg. **£14.50 (OF, LI, OHG)**

AR YR OCHR

Cyloedd winwns mewn cyteu cwrw £3.75 (LI)

Salad roced, winwns coch a thomatos ceirios £4.00 (F, HG)

Bara garlleg cartref £2.75 (LI)

Powlen o sglodion £3.00 (F, HG)

Bara garlleg cawslyd £3.50 (LI)

Coleslaw £2.25 (LI, HG)

Sglodion 'budr' porc BBQ £5.00 (HG)

Pys yr ardd £1.50 (F)

Ysbigoglys garlleg £2.50 (LI, OF, HG)

Brocoli tenderstem wedi'i grilio £4.50 (LI)

YCHWANEGIADAU

Parmesan ffres 75p

Saws tartar cartref £1.00

Siytni mango £1.00

Hufen sur £1.00

1/2 baguette crystiog a menyn £1.50

Guacamole £1.00